

PRACTICALS

The Dates
TO BE CONFIRMED

The Venue
near Totnes, Devon, UK

The Times
Friday 7pm—10pm
Saturday 10am — 6pm,
Sunday 10am — 5pm

The Cost
£150. Payable half in advance,
half at the beginning of the workshop.

The workshop is non-residential.

The workshop will be limited to a
maximum of 12 men.

Please bring a contribution for a
shared lunch on both days.

Hot drinks provided.

Please arrive at least 15 to 30 minutes
early so that we can start on time.

You will receive some final info.
in the weeks before the workshop.

If you have any questions at all,
please feel free to call or e-mail.

POTENCY POWER & POTENTIAL

Booking Form

Name _____

Address _____

Tel (landline) _____

Tel (mobile) _____

E-mail _____

~ I want to book a place on POTENCY
POWER & POTENTIAL weekend and
enclose my deposit of £75.00

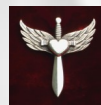
~ please make all cheques payable to 'The
Culture of Honouring Project'

~ please send the completed booking form
and your cheque to the address below

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Third Man Menswork is a part of
The Culture Of Honouring Project
www.cultureofhonouring.com



info@cultureofhonouring.com
tel 08456 1234 32 (local call rate)

The Old Cider Barn, Stoke Road,
Collaton St. Mary (near Totnes),
Devon TQ4 7DD, UK



THIRD MAN MENSWORK
COURAGE + HEART + DIGNITY

POTENCY

S. Stefaniak 2003

POWER & POTENTIAL

A WEEKEND WORKSHOP
FOR MEN
WITH MARK JOSEPHS-SERRA
(JOSEPH)

POTENCY



POWER & POTENTIAL

In recent decades male energy has been shamed. Perhaps rightly so - after all, a lot of men have used their masculine potency and power destructively, even abusively.

The answer is not to close our ears to this criticism, and refuse to examine our behaviour. But nor is the answer to hide or repress our potency and power.

The answer is to develop our power consciously, and learn to direct it creatively - only then will we have the capacity to align our strength and determination with our life's purpose, and move towards our potential.

This is a weekend of intellectual clarity, exercises that open the heart, non-religious enquiry into the core of our being, and well-used techniques to help us reclaim our creative power, and put it in the service of our hearts' deepest desires.

On this weekend workshop you will be invited to explore the subject matter for yourself - and to draw your own conclusions. The mood will be one of full respect, brotherhood, and shared exploration.

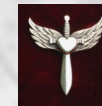
This weekend will...

- * introduce you to Third Man Menswork, which is at the cutting-edge of self-development work for men.
- * help you shake off any shame you might have around your male potency and power
- * help you understand the roots of male anger and rage
- * help you see that you are part of something bigger than your own life-story - that you share the male experience.
- * help you discover what you most value, and really stand for, as a man
- * help you find the inner-resources you need in order to really live for what you believe in, and achieve what you want to achieve
- * help you realise the ways in which you perpetuate your own disempowerment
- * invigorate your pride in your manhood, and your dignity as a man
- * perhaps most importantly: give you specific maps, models and easy-to-use tools to walk the path of your own empowerment AFTER this workshop, in your everyday life.
- * offer you the possibility of ongoing support



JOSEPH SERRA
Joseph is the founding director of Third Man Menswork. His extraordinary life experience includes a decade as a Hindu monk, success as a UK businessman, and over ten years working with groups of men of all ages and backgrounds.

Joseph has been influenced by Robert Bly, Eckhart Tolle, Joseph Campbell, traditional Tantrism and Psychosynthesis. He is the author of 'Sex, Spirit & Community' (Carpenter, 2000), and has been a guest lecturer at Plymouth University. He is married, has two children, and lives in South Devon.



THIRD MAN MENSWORK
COURAGE + HEART + DIGNITY

The First Man is the part of us that is hard, but can be cut-off.
The Second Man is the part of us that is soft, but can be weak.
The Third Man is not just a combination of the strength of The First Man and the sensitivity of The Second Man. That's crucial, but The Third Man also has dignity. He has dignity because he is radically committed to himself. He is 'in-himself'. He is following his own deepest calling.