

The **ADVENTURE OF INTIMACY** weekend is run by **The Culture Of Honouring** which supports men and women in discovering the full potential of their masculine and feminine – both in themselves and in their relationships.

The Culture Of Honouring began in 1995 and took its present form in 2005. Based near Totnes in Devon, it is co-directed by Mark and Elisabeth Josephs- Serra.



Elisabeth is a UKCP registered psychotherapist, and loves to dance. She is passionate about empowering women ~ not in a duplication of male power, but in their own deep feminine

power. Mark Joseph-Serra (Joseph) is the author of *Sex, Spirit & Community* (Carpenter, 2000). He has been a Hindu monk, a successful businessman, and has worked with groups of men for over ten years. His greatest teacher has been the journey of intimate relationship.



The Culture of Honouring programme also includes:

- ☉ A SUMMER RETREAT FOR COUPLES
Children welcome, crèche provided
- ☉ THE TAO OF RELATIONSHIP SERIES
An in-depth journey as a small, committed 'community' of couples.
- ☉ PRIVATE SESSIONS FOR COUPLES
- ☉ PHONE SESSIONS FOR COUPLES
- ☉ MIXED WEEKENDS
weekends exploring masculine and feminine with both couples and singles welcome.
- ☉ MEN'S WEEKENDS
- ☉ PRIVATE SESSIONS FOR MEN
- ☉ WEEKLY GROUPS FOR MEN
- ☉ WOMEN'S WEEKENDS
- ☉ PRIVATE SESSIONS FOR WOMEN
- ☉ WEEKLY GROUPS FOR WOMEN

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BOOKING INFORMATION

The cost of the weekends is £360/couple. Booking is by a £100/couple deposit. Weekends are limited to a maximum of eight couples, so booking is recommended. There is a 10% discount for Culture Of Honouring members (see website for details).

Weekends are non-residential. The times are: Fri. 7.30pm-10pm, Sat. 10am-5.30pm, and Sun. 10am-5.30pm. If you have any questions at all, please feel free to call or e-mail us.

www.cultureofhonouring.com

**e-mail ~ info@cultureofhonouring.co.uk
tel ~ 08456 1234 32 (local call rate)
or (01803) 663413**

**The Heart Centre,
The Old Cider Barn, Stoke Road,
Collaton St. Mary (near Totnes),
Devon TQ4 7DD, UK**

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BOOKING FORM

Names _____

Contact Address _____

Tel / Mob _____

E-mail _____

☉ We wish to book our place on the Adventure of Intimacy weekend and enclose our deposit of £100.

☉ Please make all cheques payable to 'The Culture of Honouring', and send the completed form and your cheque to the address above.

THE ADVENTURE



OF INTIMACY

**AN INSPIRATIONAL
WEEKEND
FOR COUPLES**

**with
Mark Josephs-Serra (Joseph)
and Elisabeth Josephs-Serra**

AN INSPIRATIONAL WEEKEND FOR COUPLES

Introducing A New Vision Of Relationship

☯ There is enormous relief, even joy, as we wake up and see the situation we are in. “It’s not just us!” On this weekend couples see how their relationships are being controlled by the masculine and feminine conditioning we have all received. As we wake up we gain awareness, and once there’s awareness we can choose whether we want to be controlled any more.

☯ The ‘honeymoon phase’ of a relationship may last a month, it may last three years – but it will end. The person we once idealized starts to irritate and annoy us. We blame each other. We argue. We withdraw. On this weekend this whole situation is turned on its head – couples see how these struggles can take them deeper and deeper into intimacy and love.

☯ True intimacy doesn’t happen because of learning some new skills, it happens because we take on a new way of being – a new way of being with ourselves and with each other. As the masculine and feminine both become more empowered and secure in themselves, and more respecting of each other, they are able to let the other ‘in-to-me-see’. On this weekend couples experience the power and beauty of being profoundly open to each other.

☯ Once, most couples stayed together ‘til death us do part’. Now divorce rates are soaring – and that’s only the couples who get married! There is no longer any external social pressure to stay together. Every couple now needs to find its own understanding of relationship, its own vision – its own path. On this weekend couples become real allies, as they look together at how they can begin to support each other on their own path of love.

☯ As we appreciate just how similar our relationships are, we begin to see that we are all involved in the evolution of the masculine and feminine. We realise we are involved in something much bigger than just our relationships. On this weekend couples come to see themselves from this larger perspective – bringing them wisdom & compassion.

☯ In traditional relationships the masculine was top dog, and the feminine was loving but disempowered. Today the masculine is often apologetic and disempowered, and the feminine is often stronger, but has lost a lot of tenderness. On this weekend couples begin to explore how the masculine can become powerful again (without needing to be top dog), and the feminine can reclaim her tenderness (without becoming disempowered again).



After attending the **ADVENTURE OF INTIMACY** weekend you will have the option of deepening this work on The Tao Of Relationship series (Autumn 2010—Summer 2011) . Full information online.

*“I was deeply moved by the stories and willingness of all the other participants.”
MS (author)*

“I really appreciated your deep respect and sensitivity extended towards all the participants.” LC (psychotherapist)

*“I feel blessed, honoured and grateful to be part of this breakthrough momentum.”
MZ (entrepreneur)*

*“We have found a softness and loving in our relationship which hasn’t been present for a long time. Our sexual relationship has opened like never before, and it feels like the union of a more archetypal masculine and feminine. You have helped us bring an aliveness back into our relationship (and into my life) that I had given up on.”
KT (workshop facilitator)*

THE ADVENTURE OF INTIMACY

2012 DATES TO BE CONFIRMED

NR. TOTNES, DEVON

The **ADVENTURE OF INTIMACY** weekend is based on a several basic ideas...

- that we are not so different from each other!
- that as a culture we have lost touch with the fullness of our masculinity and femininity
- that relationships are not just about sharing responsibilities, or even romance, but that they can also offer us our deepest possible fulfillment